

# Health and Energy for your Cells

*QRS* [medic.com](http://medic.com)





*QRS® is one of the most pleasant ways  
to a healthier and longer life.*



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*QRS® creates health.*



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# Healthy Cells: the Source of our Vitality

**Livellness, Zest for Life and Life Force represent the Highest Vitality and are the desirable aim of every person. Vitality is not guaranteed. It has to be developed, cared for and preserved.**

Compared to our vitality, our health either exists or it doesn't. But preserving it has become a real challenge at a time when pollution, noise and stress are real challenges.

To face this challenge, it is important to know where to find the source for a vital and healthy life.

## Where Does Vitality and Health come From?

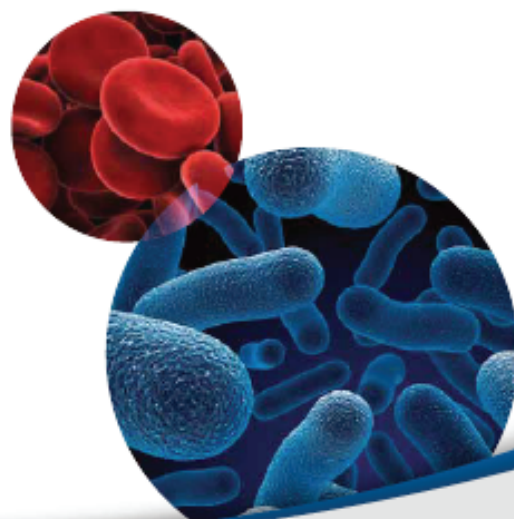
Healthy strong cells are the source of our vitality and well being. Ill and weakened cells make us prone to illness and make us look exhausted.

70 billion cells have to function correctly for us to feel vital and to stay healthy.



### External Influences

- alcohol, tobacco
- pollution
- nutritional deficits
- overweight
- lack of exercise
- nitrites
- heavy metals
- electrosmog
- drugs
- permanent stress





*"QRS® is a blessing for mankind,  
from the infant to the geriatric."*

Prof. Dr. Linus Pauling





# Quanten Medicine

Quanten Medicine focuses on the origin of human life, the CELL. As the smallest unit of the body the cell is responsible for the "state" of the organism. Scientists and researchers of the Prof. Dr. Fischer AG, the "Institute for Quanten Medicine"® have examined the complex processes in the cell for more than a decade.

The behavior of the cell correlates strongly with the "electric energy" of the cell. The so called "cell voltage" is essential for the absorption of minerals and vitamins and is also responsible for the removal of toxic agents.

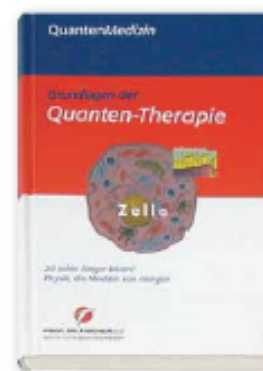
Research in this area has really advanced and the knowledge acquired was used for the development of the unique Quanten-Resonance-System, short QRS®.

QRS® reaches every cell in the body making vitalization possible without any effort. In this way QRS® corrects poorly functioning cells and their blocked cell energies.

A double Nobel Prize winner and one of the most outstanding scientific chemists of the 20th century, Prof. Dr. Linus Pauling, spoke about the health potential of the Quanten-Resonance-System:

**"QRS® Is a blessing for mankind, from the infant to the geriatric."**

**QRS® Is the result of more than one decade's research and development of the Prof. Dr. Fischer AG, on behalf of the Quanten Medicine.**



Dr. E. G. Fischer,  
Univ.-Prof. Dr. H. L. König,  
1998

Prof. Dr. Linus Pauling (1901-1994), double Nobel prize winner, US-american chemist and vitamin expert, founder of orthomolecular medicine, author of the guidebook: "How to feel better and live longer"



# The “key-lock principle”

The “key-lock principle” is the bioelectric QRS®-master-key to the cell membrane.

## Quanten-Resonanz-System

“QRS® works by stimulating Enzymes rhythms and promotes the formation of hormones.”

Dr. E. G. Fischer:

Basis of the Quanten therapy  
– how to live 20 years longer.

**When hormones cause muscle growth, there is no effort behind it, but a simple and ingenious principle of nature: hormones function exclusively as signaling substances, which transport messages.**

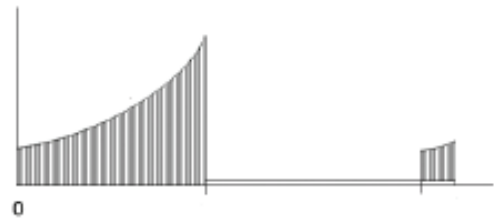
But the cell will accept the message only if the “feelers” of the hormone fit perfectly into the docking station of a cell, the cell “receptors”. This mechanism is called the “key-lock principle”.

In the meantime science has found out: a cell not only transforms the “secret codes” of the hormones into a biologic language but also turns on special “electromagnetic receptors”, which react by means of quanten resonance fields.

Quanten fields have the particular characteristic that they gently pass through the body without resistance, in contrast to light, sound and electric frequencies, which are already absorbed in the upper skin layers.

QRS® has imitated this principle of nature in an ingenious way. QRS® latches into the receptor as a frequency message, a code. Then in the body’s own biologic language the messages: “cell work, cell produce energy, cell clean up – are received by the cell this effectively!”

What would scientists give to get this active principle also in the form of a drug?





## Patented functionality

**The Quanten-Resonance-System Is based on scientifically substantiated and secured knowledge.**

The Quanten-Resonance-field is based on a digitally generated vibration field, which is not comparable to conventional systems. The internationally patented functionality of the QRS® resonance-field is not a guarded secret, but was disclosed for numerous scientific studies. The QRS® 101 Homesystem is a qualified medical device.

**QRS® Is Internationally patented, certified, awarded and also licensed as a medical device all over Europe and in many other countries.**

**“QRS® shall be used for keeping healthy the cosmonauts and is prepared for the manned flight to Mars.”**  
Prof. Dr. med. V. M. Baranov, medical director of the space research center in Moscow



- EP 0594 655 B1** Device for the transport of ions, especially protons.  
*PCT-WO 93/00960*
- EP 0621 795 B1** Facility for the influence of electric and magnetic fields with low frequency  
*PCT-WO 94/11062*
- EP 0729 318 B1** Facility to determine the effects of pulsating magnetic fields on an organism  
*PCT-WO 95/10228*



# Cell voltage: the status indicator of cellular health

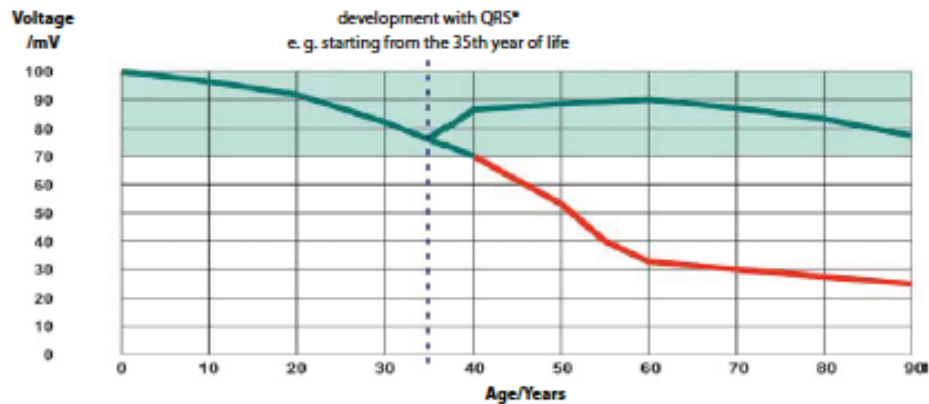
**QRS® stimulates the cells and improves the cell voltage.**

The Quanten-Resonance-System activates cells for a better absorption of vital substances including oxygen. The daily application of QRS® vitalizes the organism in a certain way, which can only be reached for example by taking a daily walk for more than three hours.

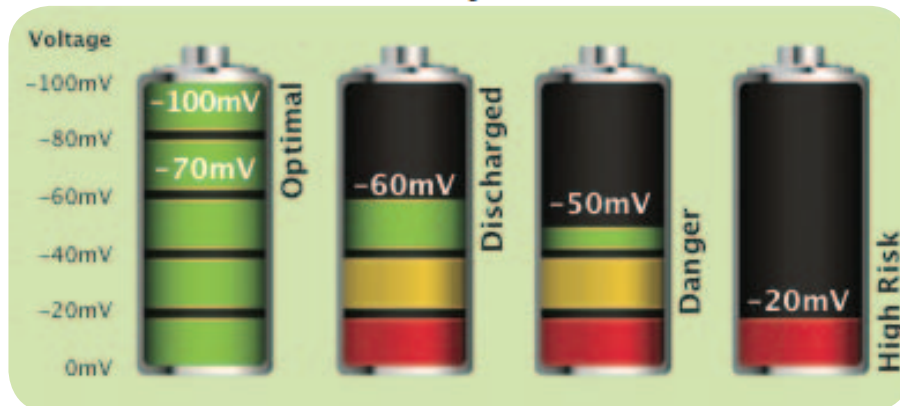
In detail: QRS® increases cell metabolism and therefore improves the cell membrane potential. This improves the cell's ability to function. The improved electric cell voltage provides a higher "osmotic" pull for the absorption of minerals and nutrients into the cell. At the same time the circulation of blood in tissues is increased providing thirsty cells with more oxygen.

A higher blood- and oxygen-penetration provides further positive effects: reduction of fermentation processes and acid excesses, relaxation of tense hardened muscles, boosting metabolism and strengthening the immune system.

Additionally QRS® works in a purifying way. QRS® promotes the removal of toxic agents out of the cell.



**The cell voltage of a healthy cell is minus 70 to minus 110 mV**



The cell voltage with the description of an accumulator: the optimal voltage is between minus 100 and minus 70 mV. Starting from minus 60 mV the accumulator or the cell is weakened. If the voltage decreases more, the risk of a disease increases substantially. Cancer cells usually have a cell voltage below minus 20 mV.

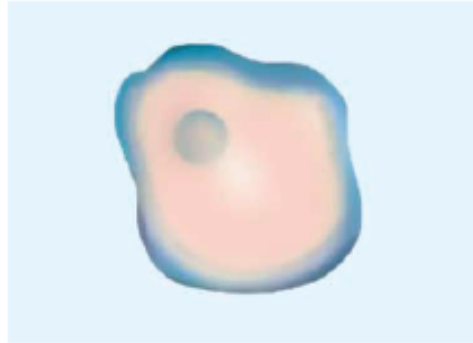
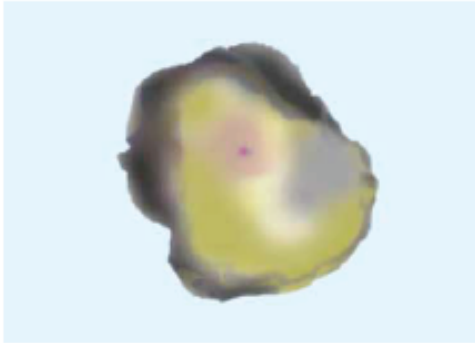


# The cellular environment is the focus of Quanten Medicine



Cell preservation and cell regeneration are the primary aims of Quanten Medicine and the Quanten-Resonance-System. With QRS® the user has not only a vitalization wellness system, but also a healthcare system which can be applied in the case of diseases and physical maladies. The QRS® Homesystem can be operated comfortably at home. QRS® actively supports the promotion of health and wellness.

**QRS® is both a health care and health promotion medical device in case of disease.**



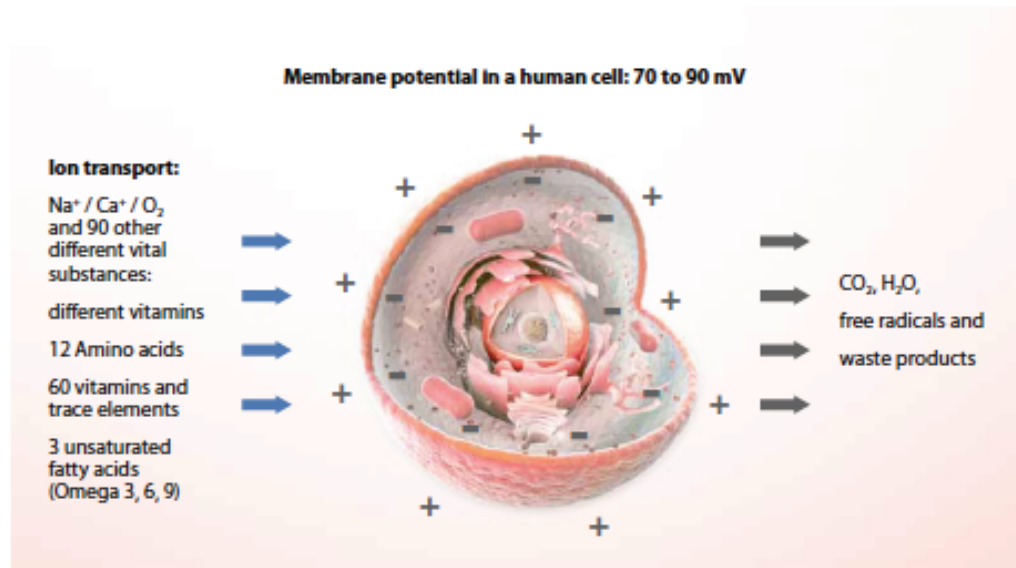
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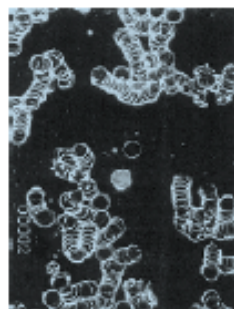
# Metabolism of the cell: ion transport – the QRS® Patent

QRS® resonance fields stimulate the action potential of the cell and increase the cell functioning and metabolism.

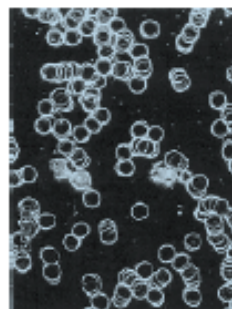


The cells are the basic modules of life. The more permeable a cell is to vitamins, minerals and oxygen, the better a cell will function.

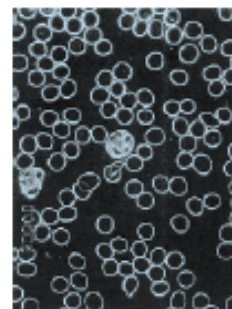
QRS® opens the cell to vitamins, minerals and oxygen. QRS® also helps to expel waste products, which have to come out of the cell. Thus the cell stays vital, is better equipped and promotes self-regeneration. This means: a longer, healthier and vital life is made possible by a promoted cell-regeneration.



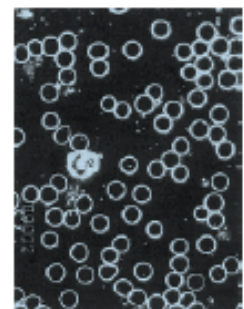
dark field microscopy  
before the treatment



during a 5 minutes  
treatment



5 minutes after  
the treatment



15 minutes after  
the treatment



## Free radicals cause us to age

**“Free radicals are the source of many acute and chronic diseases. At the cellular level, they are responsible for serious damage.”**

Prevention is often referred to as the medicine of the future. The joining of Quanten therapy and a healthy diet can control ageing.

Although all human beings are equipped with an endogenous anti-free radical protection system, even with the healthiest lifestyle including conscious nutrition, we cannot neutralize all damaging free radicals in our body.

Although free radicals damage cells and cause early ageing, the combined use of special “micro-nutrients” and QRS® – effective transport of vital substances into the cell – can stop the process.


The special nutrients could contain ingredients such as antioxidant vitamins (e.g. vitamin A, C, E), zinc, and phytochemicals (such as lutein, zeaxanthin, polyphenols, alpha- and beta-carotene).

With QRS®, these nutrients could be better brought into the cells thereby improving cellular metabolism.

**Free radicals are produced during normal metabolic processes in the body.**

**High stress, strenuous physical exercise, improper diet, alcohol, smoking, ... all this promotes the development of free radicals.**



A woman with long blonde hair, wearing a bright green sleeveless top, is lying on her side on a white sofa. She has her eyes closed and a peaceful expression. Her head is resting on a white pillow. In the foreground, on the floor next to the sofa, is a white rectangular device with a blue keypad, identified as the QRS device. The background is a bright, clean interior with a white wall and a green plant in the upper left corner.

*QRS® ensures Relaxation,  
Wellness, and Regeneration.*



# QRS® – for everyone the correct choice: Relax, Basis, Vital or Custom



**No person is like another. Every person has their own finger print. For QRS® the person is in the center with all of its individual features.**

The default QRS® programs Relax, Basis and Vital make the comfortable application of the QRS® Homesystem possible. The system can also be used individually. With the possibility of the chip card operation, a QRS® doctor or QRS® therapist can make an exact electronic prescription, the eQ-prescription (electronic Quanten therapy prescription) and save it on the QRS® chip card.

By the coupling of the QRS® Homesystem and the QRS® doctor's equipment, the system functions as an optimally coordinated QRS® therapy system. For every member of the family individualized therapy is possible. This means that only one QRS® system is necessary for the whole family. Everyone can have their own personalized therapy with the QRS® chip card.

**QRS® – No person is like another, every person has their own finger print.**



Default programs for a comfortable application



Individual settings are possible using the QRS® chip card.

# QRS® 101-Home System



## QRS® accessories:

- QRS® pillow\*<sup>1</sup> ①
- QRS® pen\*<sup>2</sup> ②
- QRS® glasses\*<sup>3</sup> ③
- QRS® headset\*<sup>4</sup> ④

\*<sup>1</sup> pillow applicator is included included in the basic-set

\*<sup>2</sup> for a punctual treatment and against teeth problems

\*<sup>3</sup> improvement of the area near the eyes

\*<sup>4</sup> targeted tinnitus treatment





## The QRS® application session

The QRS® application duration is normally eight minutes twice a day. A QRS® application session has a long term healing action lasting up to eight hours on a healthy person. The treatment has a very gentle effect. Depending on the physical condition, in most cases an improvement of the metabolism and the general regeneration of cells appears even after only a few days. To reach an optimal level of health, continuous daily application of the Quanten-Resonance-System is recommended.

**Every day a bit of QRS®:  
8 minutes twice a day**

The recommendations for the intensity level and the application duration are based on a vast number of clinical cases and double blind studies, which have taken place under medical and scientific supervision.

A detailed recommendation for the application and the settings is enclosed to the QRS®-set.



# QRS® 101 Homesystem

## Technical data



Control unit	92mmx190mmx215mm
Whole body applicator	1780mmx650mmx15mm
Local applicator	540mmx335mmx15mm
Carrier bag	690 mmx300mmx220 mm
Entire weight	approx. 3,5 Kg

Timer function	2 timer (individually adjustable)
Display backlight	yes
Programs	standard: relax – basis – vital in 3 different intensities (sensitive – medium – intensive)
Individual	25 other programs
Application duration	standard: 8 – 16 – 24 min.
Individual	from 1 to 60 min.

Output signal	maximum 3V, 170 mA, 40 micro Tesla
MDD device class	Ila
Mains voltage frequency and power consumption	115/230V, 50/60 Hz, 7 W
manufacturer's warranty	5 years, expandable to 10 years
Operation temperature	+10°C to +40°C

### Options:

QRS® applicator for the whole body	included
QRS® local applicator	included
QRS® glasses applicator	optional
QRS® bar applicator	optional
QRS® ear phone applicator	optional
Following therapy	optional (QRS® card)
Warranty upgrading	up to 10 years – optional





# QRS®-vitalization and health set



**Fascinating QRS®-technology and high-quality finish for long enjoyment.**

With the QRS® 101 Homesystem-set the user receives a modern QRS® control device including two QRS®-resonance-fieldbeams, also called applicators. The one applicator is a 1.70 m long high quality mat; the other is a pillow for local body treatment. The system is expandable with other applicators for targeted QRS® application.


**QRS® creates health,  
QRS® maintains health,  
QRS® preserves health.**

The whole set has a place in a QRS® travelling bag.



**Note**

Well-founded scientific elaborations, specialist literature, publications and scientific studies about QRS® can be supplied on request.



*QRS® is for  
the whole  
family.*



# Health promotion: Anytime and Anywhere



Daily health promotion can be so simple if it is supported by modern technology.

The information generated by the Quanten Resonance System is transmitted through pulsating applicators onto the whole body. The controlled process can be carried out with full clothing on anywhere.



QRS®-Tinnitus applicator



*"For us joy means,  
do not have pains and not feel anxiety."*

Epikur, philosophy of joy





# Strong bones and pain-free, ready to enjoy life



Our skeletal system is altered constantly. Certain bone cells (Osteoclasts) are only intended to diminish the bone. Osteoblasts build it up again.

With the help of stimulants like hormones and a lot of motion the bone remains in a healthy balance.


With every compression, motion generates an electricity flow in the bone causing the so-called "piezoelectric effect".

This electricity flow is the stimulant, on which the osteoblasts, the bone builders, strongly react. QRS® can stimulate this piezoelectric effect without the need for motion training.

**In the human brain there are a large number of opioid receptors.**

If these opioid receptors are covered by a morphine based medicine or by endogenous opiates (endorphin), even the strongest pain can be eliminated – according to docking grade. If no pain exists, the mood improves itself. Because there also are opioid receptors which react to the QRS® signals, it suddenly becomes clear why all pain syndromes are treatable with the QRS®.



A close-up, low-angle shot of a person's legs and feet as they run on a paved road. The person is wearing dark blue athletic shorts and grey and blue sneakers. The background is a blurred landscape with green grass and a blue sky. The overall tone is energetic and focused on physical activity.

*QRS® increases the performance  
and preserves health.*

*QRS*medic.com



## QRS® for top athletes

**Many world class athletes substitute their warmup for the QRS®.**

With the appropriate program setting, QRS® encourages our sympathetic nervous system, on the part of our autonomic nervous system, to produce a top performance for the athlete. The QRS® ensures both better blood flow as well as an increased oxygen supply to the cells. Each athlete is thus optimally prepared – in a very short time and without much effort. He can save his strength for the final sprint.

**From the experiences of many athletes it is also known that QRS® can be optimally used with the regeneration phase after exercise.**

With the appropriate setting, the QRS® application can encourage the parasympathetic nervous system which is popularly called "Ruhenerve". It serves the metabolism, regeneration and building of the body's own reserves. It provides peace, relaxation and rejuvenation. The exact condition that our body needs for regeneration.

**QRS® reduces strain and improves performance for top results**

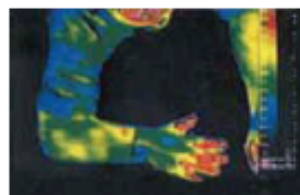
### Thermographic pictures of surface temperature progress



before QRS®



after 4 minutes



after 8 minutes QRS®

**Due to the increase in peripheral blood volume during QRS® therapy the oxygen supply increases and improves the transport of important energy carriers for the cells.**



*Already quanted?*

*Quant and  
refuel new energy!*





# Energy and vitality for more power and joy!



**"Half of all managers and 28 percent of employees feel stressed."**

Lack of exercise, improper diet, stress, smoking and alcohol are all factors that weaken our cells constantly increasing the risk for metabolic diseases later.

In order that our body can withstand this strain, we must be optimally supplied with nutrients, sufficient movement and get enough time for regeneration and relaxation. What for many people is a real challenge.



**Pressure to perform,  
tight deadlines make us  
tired and sick.**

## **QRS® can help!**

Regular use of QRS®, activates the metabolism, and improves the absorption of nutrients and minerals. The blood circulation is enriched with more oxygen and thus purifies the body. Tissue and muscles are relaxed.







## Application possibilities

- Pain of the locomotor system like arthritis, lumbar and cervical syndromes, problems with the intervertebral disc, chronic back pain, tennis elbow, golfer's elbow, shoulder arm syndrome, hardening of muscles (myogelosis), fibromyalgia, rheumatic diseases
- Rehabilitation, e.g. after a severe illness or after longtime bedsores, after operations, for the regeneration after implants, during professional or social lack of movement
- In case of a blood circulation disorder, arteriosclerosis of the cerebral vessels, lack of blood circulation due to a lack of movement, decreasing potency, decubitus ulcers, leg ulcers
- Bone healing, long time treatment of joint implants
- In case of hardly healing fractures, so called pseudoarthritis. Also after years of unsuccessful therapy often in vain.
- After injuries like swellings, contusions, pulled ligaments, torn ligaments, sprains, irritated sinews, wounds, inflammations
- Osteoporosis after menopause, osteoporosis due to a lack of movement, osteoporosis due to longtime bedsores, chronic fatigue syndrome, decreasing vitality, lack of energy, hypotension, vegetative dystonia
- Tension headaches, reduction of the number of migraine attacks
- Insomnia, especially problems with falling asleep, overstimulation, nervousness
- Sports like e.g. warm-up, increase of the blood circulation, optimizing energy, concentration, sweating off



# Literature of the Quantenmedizin

**QRS® can improve our life  
in many areas and help with  
health problems.**

## QRS® helps relaxation



People need a certain quantity of stress as incentive and mobilization to deal with their duties in life. But excessive stress will make a person ill. Relaxation can be distressful because the vegetative nervous system has "rusted up". QRS® can support the vegetative nervous system during the relaxing phase, so that vital functions like breathe, digestion, metabolism and water supply find a balance again.

## QRS® against pain



QRS® helps with a lot of physical problems. E.g. gonarthrosis, a progressive wear of the knee joint. QRS® also develops its efficacy with all of rheumatic diseases. "Almost every change of the pain state shows in a considerable to very considerable way, the effect of the QRS®-therapy."

## QRS® makes good weather



When weather changes, our mood changes with it. We feel down, dizzy and our blood circulation goes haywire. By strengthening our self regulation with a regular application of QRS® the user is perfectly prepared for weather changes.

## QRS® sports-fitness-study 2001



In a sport-fitness study it was found out: "Referring to the results on hand, QRS® permits the test persons to set the training requirements higher than the others (placebo) can."



# QRS® in overview



stimulates the blood circulation  
reduces pain

strengthens  
improves immunity

prevention  
regenerates

vitalizing  
increases sports performance

relaxing  
decompressing





## Famous quotes referring to QRS®

**Quotes from the book:  
Basis of the Quanten therapy  
– how to live 20 years longer**

*"QRS® is one of the most important discoveries of the physical medicine in the last decades and a benefit for mankind, from infant to geriatric."* Prof. Dr. Linus Pauling (1901-1994), double Nobel prize winner, founder of the orthomolecular medicine, author of i. a. the guidebook: How to feel better and live longer.

*"Quanten Medicine will be a huge enrichment for orthodox medicine and will open hopes for new healing abilities and make them come true."* Prof. Dr. med. Robert O. Becker, suggested for the Nobel Prize 2000, internationally known for research in the area of body electric, best seller-author of the book: The Body Electric

*"The way the Quanten therapy as it is today, is marked with a high use of scientific knowledge in many areas."* Prof. Dr. Ing. habil. mult. Jürgen Waldmann, space study, Eurospace Paris

*"When I met Sir Dr. Fischer in 1997 and he explained the basis of his QRS®-Therapy to me, I had understood that a scientific breakthrough had happened here."* Prof. Dr. Ing. habil. M. Krauß, founder and senator of the technical university in Chemnitz

*"A strong target to give aid and the persistent pressure of competent scientists have brought results with QRS®, which create hope."* Prof. Dr. Peter Meißner, university Potsdam

*"The Quanten therapy can offer a new orientation und concrete help for a high number of diseases and lifestyle diseases, which can be treated with biological resonance."* Prof. Dr. S. D. Jovanovic, university Belgrade

*"There are no 326 diseases, there are only ill cells."* Dr. E. G. Fischer, founder of the Quantenmedicine, Prof. Dr. Fischer Ag Forschung und Entwicklung, author i. a. of the book: Basis of the Quanten therapy – how to live 20 years longer.

*"The Quantenmedicine restores again the rhythm destroyed by the disease, and returns us back Life."* Prof. Dr. M. Grandi, of Oncology, immunology, Director clinical la Torre – Turin, Italy

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